

This year „Tour through thoughts“ 2021 happened online via Zoom. The curator Inge Koks in collaboration with the *Uferstudios Berlin* and Simone Willeit invited seven performance artists to take part of this exchange event. In nine online sessions each of us had the opportunity to present an individual session with the focus on a couple of questions invented by Inge Koks. „Who am I?“, „What do I want to say with my work?“, „What do I care for?“, „What interests me?“, „What makes me stand up and shout out?“ or „Which question is not asked but I want to answer?“. Inge left it up to us how to deal with the questions. To mention a couple of participants like Mariana Romagnani, who is a performer based in Berlin and mother of a child. Mariana talked about some of the connections that are dear to her work and gave us reflections on matters related with invisibility through topics of motherhood, water and magic. All of us had to prepare a special question for the group to discuss after the presentation, which was a fantastic idea. Marianas question for example was “How do we relate with a notion of responsibility in our artistic practices regarding to our topics of interest?”. Another presentation by the Canadian performer Robin Leveroos, currently based in Berlin was about „rules and expectations within art disciplines, and the relationship with the audience, how to 'inform' them to watch differently and how do we as artists create room for silliness, frivolity, lightheartedness in the very serious art world, and what happens if we do?“ Ula Liagate talked about her research work in relation to the so called „Sick Women Theory“ by Johanna Hedva. Ula calls her practice also the „Sick Women Practice“ and asked us to participate in her daily practice by filming us and afterwards giving her the film material. She will use this for her new creation of her solo.



Because the sessions were so fruitful and overwhelming we decided to make an add on session with time and space to discuss and exchange again about things that were already mentioned during the individual sessions. Inge really did a great job by supporting us before and after the sessions. She cared a lot about how we can feel safe and free to open up current questions of interests. In my case we had a couple of Zoom extra sessions to prepare more precisely how to talk about my own work and practice in connection to my current project „ECHO“. My session was about the mythological figure *Echo*, who is not only a female figure from the mythology and a historical body, but also a reference point for the current question of how we can cope with experiences and crises that have been physically inscribed in us?

At the end we could put together a mini catalogue of keywords and questions related to all the topics of the sessions, some of them I want to share because I think they could be relevant to think about for many people:

*New rituals*

*Allowing yourself (to break the rules for example): act of liberation*

*Mourning / grief as a source of creation*

*Ecosystemic strategies*

*Ecosystemic performativity*

*„Response-ability“*

*Mother's bodies*

*How to not be representational?*

*Importance of water as new way to see life / society*

*How does patriarchy work in society and how is it reproduced by its members?*

*How are narratives created? What are their importance?*

*Relationship between object and performer*

*How to get rid of a neutral body?*

*What is a neutral body?*

*What does physical intimacy mean to us?*

*How goes the process of victimization?*

*Is vulnerability a privilege?*

*What is a sick body, a healthy body?*

*Sickness as potential for space*

*Taking care versus having each other's back*

*The importance of trust in creation*